



**J. C. Bose University of Science and Technology, YMCA, Faridabad**  
(formerly YMCA University of Science and Technology)

A State Govt. University established wide State Legislative Act. No. 21 of 2009

SECTOR-6, FARIDABAD, HARYANA-121006

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GOLDEN JUBILEE YEAR  
(1969-2019)

**NEWS CLIPPING:22.06.2022**

## THE TRIBUNE

# ADMISSION OPEN TO FOREIGN PUPILS

**Faridabad:** JC Bose University of Science and Technology, YMCA, is offering admission to foreign students in engineering, science and management courses for the academic year 2022-23. The process will open in the first week of July. Students from foreign countries, students under the Overseas Citizen of India (OCI) Category and children of Indian workers in Gulf countries can also apply.



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## The Impressive Times

### JC Bose University celebrated International Day of Yoga

**FARIDABAD (TIT NEWS):**

J.C. Bose University of Science and Technology, YMCA, Faridabad celebrated 8th International Day of Yoga in a befitting manner. About 150 participants performed yoga in the session arranged by the University in the campus following the Common Yoga Protocol issued by the Ministry of AYUSH. The event was jointly organised by the office of Dean Student Welfare and University's Community College of Skill Development. The session was attended by Vice-Chancellor Prof. S. K. Tomar and Dean Student Welfare Dr. Lakhwinder Singh along with members of Niramayam Yoga Club. The programme commenced with lamp lighting followed by performance of various yogasanas conducted by Yoga Acharya Sh. Tarun Rawat. The programme was well coordinated by Dy. Dean Dr. Anuradha Pillai and Assistant Registrar Sh. Sachin Gupta. After the yoga session, Director, Youth Welfare Dr. Pradeep Dimri gave an informative talk on the topic 'Yoga for Humanity' and explained the yogic approach for joyful life. Speaking on this occasion, Vice-Chancellor Prof. S.K.



Tomar said that Yoga is an invaluable gift of India's ancient tradition to the world, and highlighted the importance of Yoga and the pivotal role it plays in rejuvenating our mind and the body, leading to a healthier lifestyle and personality development. Addressing the programme, the Vice-Chancellor emphasised the importance of a healthy environment and urged for conservation of nature through an environmentally friendly life-style. Explaining the importance of yoga in student's life, the Vice Chancellor said that Yoga helps in improving concentration and focus by calming the mind, thereby, it develops an innovative approach to solve complex problems in life, he added. He urged yoga as a part of daily life rather than making it a one day event.



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## PIONEER

### जेसी बोस में मनाया अंतरराष्ट्रीय योग दिवस

फरीदाबाद। जेसी बोस विज्ञान एवं प्रौद्योगिकी विवि, वाईएमसीए, फरीदाबाद द्वारा आठवां अंतरराष्ट्रीय योग दिवस के उपलक्ष में विश्वविद्यालय परिसर में योग सत्र का आयोजन किया गया। योग सत्र में 150 से ज्यादा प्रतिभागियों एवं विद्यार्थियों ने आयुष मंत्रालय द्वारा जारी सामान्य योग प्रोटोकॉल का पालन करते हुए योगिक क्रियाओं में हिस्सा लिया। कार्यक्रम का आयोजन विवि के डीन स्टूडेंट वेलफेयर कार्यालय तथा कम्युनिटी कॉलेज के संयुक्त तत्वावधान में किया गया। कुलपति प्रो. एसके तोमर, कुलसचिव डॉ. एसके गर्ग तथा डीन स्टूडेंट वेलफेयर डॉ. लखविंदर सिंह सहित निरामयं योग क्लब से जुड़े सदस्यों ने योग सत्र में हिस्सा लिया। योग सत्र का संचालन योग आचार्य तरून रावत ने किया।



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## AAJ SAMAJ



जेसी बोस विश्वविद्यालय में योग करते कुलपति प्रो एस्के तोमर एवं अन्य व सेक्टर 19 स्थित परमानंद पार्क में योगाध्यास