

NSS Annual Activities Report

Session 2019-2020

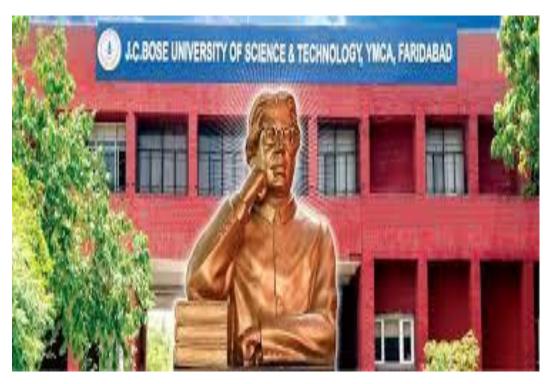
Submitted to:

J.C BOSE University of Science and Technology, YMCA

(A Haryana State Government University)

(Established by Haryana state Legislative Act No. 21 of 2009 & Recognized by UGC act 1956 u/s 22 to confer Degree)

Accredited 'A' Grade by NAAC



Prof. Pradeep Kumar Dimri (NSS University Coordinator) Dr. Bindu Mangla (NSS Programme Officer)

- Dr. Umesh (NSS Programme Officer)
- Dr. Nitin Panwar (NSS Programme Officer)

NSS Student coordinator: Rahul (President) Aakash Saini(Secratory) Latakshi and Nitish (Jsec)

JAL SHAKTI ABHIYAN

The NSS team of J.C.B. university of science and technology, YMCA, Faridabad organized a declamation competition and quiz competition on the behalf of "Jal Shakti Abhiyan" (launched by government of India) among university students on 26th August, 2019 in the university campus. A total of 39 volunteers and 55 participants were took part in this event. Number of members in each team in quiz competition were three. The topic for declamation was "Do we have enough water" and quiz questions were on general knowledge, environment and water conservation basis. An important part of the 'Jal Shakti Abhiyan' is that it focuses on five aspects water conservation and rainwater harvesting, renovation of traditional and other water bodies, reuse of water and recharging of structures, watershed development, and intensive afforestation.

The event is leaded by Dr. Pardeep Kumar Dimri and Mrs. Bindu Mangla with the admirable coordination of NSS coordinators, volunteers and staff of different departments.

First three teams among quiz and first three positions among declamation had won the prize. Teams who were selected among quiz competition for final prize as follows :

Team at 1st position : Prachika - B.Sc. Chemistry 2nd year , Shivam - B.Sc. Chemistry 1st year , Vanshika - B.Sc. Chemistry 1st year

Team at 2nd position : Mayuri - B.Tech. Mechanical 1st year , Ankesh Yadav - B.Sc. Physics , Tarun Kumar - B.Sc. Physics

Team at 3rd position : Shiva Singh - B.Sc. Chemistry 1st year , Sudha -

B.Sc. Chemistry 1st year , Deepika - B.Sc. Chemistry 1st year Winners of

Declamation were :

1st position : Harshita - B.Tech IT 1st year
2nd position : Vanshika - B.Tech ECE 1st year
3rd position : Aryan - B.Sc. Chemistry 1st year

Winners of competition were given certificates along with cash prizes.





FIT INDIA MOVEMENT

On the day of **29 August,2019**: A **"Fit India Movement"** was launch by our respected prime minister **Mr.Narendar Damodar Das Modi** which was live telecasted in auditorium of **J.C.Bose University YMCA**.It was organized by **NSS team** of university and approx 50 volunteers are present on that day. This program was held in the presence of Dr.Pardeep Dimri (NSS Coordinator), Dr.Sonia Bansal, Ms.Bindu Mangla (NSS Coordinator) and the admirable coordination of the faculty of different departments.





This Presentation includes India's indigenous martial art forms, dances and sports. **Modi said technology has contributed to a sedentary life style.** The campaign is aimed at encouraging people to include physical activity and sports in their everyday life. Our PM made a committee which is headed by Sports Minister Mr.Kiren Rijuju and comprising govt. officials, members of Indian Olympic association, National Sports federations, private bodies and fitness promoters, has been formed to take the movement forward. Our PM Modi ended his speech by such words: **"Success and fitness are closely connected. All successful people are fit. Body fit hai to mind hit hai...."**



NATIONAL SERVICE SCHEME SPONSORED BY MINISTRY OF HUMAN RESOURCE DEVELOPMENT DEPT. OF YOUTH AFFAIRS & SPORTS, GOVT. OF INDIA C Bose University of Science and Technology (formely YMCA University of Science and Technology) NH-2 Sector-6, Mathura Road, Faridabad, Haryana -121006





NUTRITION CAMP IN VILLAGES

The NSS Team of JC BOSE UNIVERSITY OF SCIENCE AND TECHNOLOGY YMCA,FARIDABAD organised an awareness camp in villages RAJPUR,KANWRA and PHALODI on 17th Sept 2019 to promote and popularise the NUTRITION MOVEMENT launched by Govt. of INDIA to aware the people about the balance diet and malnutrition. Approx 60 volunteers of NSS participated in this camp and aware the people about the malnutrition and distributed pamphlets containing information about balanced diet. All the program officers and university co-ordinator of NSS organised this camp. They aware the peoples about nutritious diet.

Honourable Vice Chancellor Professor Dinesh Kumar encouraged the NSS team of university.











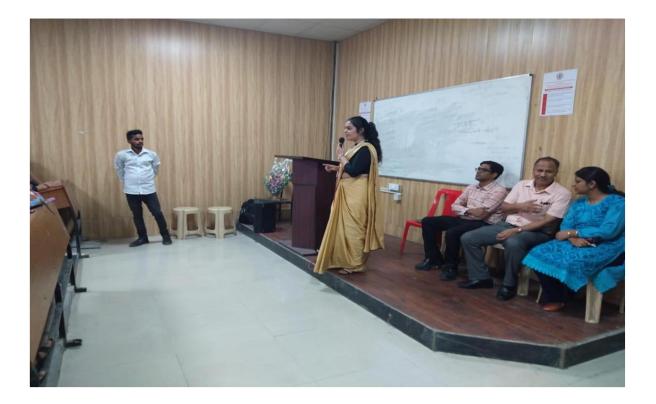


Date: 19/09/2019

EVENT ON NUTRITION MOVEMENT

NSS team of **JCB UST YMCA,FARIDABAD** organized an event on **Nutrition Movement** run by Govt of India in the campus for students. Senior dietecian from **Sarvodaya Hospital** Dr. Simran delivered an expert talk on Nutritious Diet on 19th September 2019.

University Coordinator Dr Pradeep Dimri and Program Officers Dr Bindu Mangla and Umesh Kumar of NSS welcomed Dr Simran. They elaborated the students about the various diseases which is caused by unhealthy food which we eat only for taste but not for health. Approx 70 volunteers of NSS were present in the event. Honorable Vice Chancellor Prof. Dinesh Kumar encouraged and congratulated the whole NSS team for their efforts.





NATIONAL SERVICE SCHEME SPONSORED BY MINISTRY OF HUMAN RESOURCE DEVELOPMENT

SPONSORED BY MINISTRY OF HUMAN RESOURCE DEVELOPMENT DEPT. OF YOUTH AFFAIRS & SPORTS, GOVT. OF INDIA J C Bose University of Science and Technology

(formely YMCA University of Science and Technology) NH-2 Sector-6, Mathura Road, Faridabad, Haryana -121006 E-MAIL: nssjcbust@gmail.com







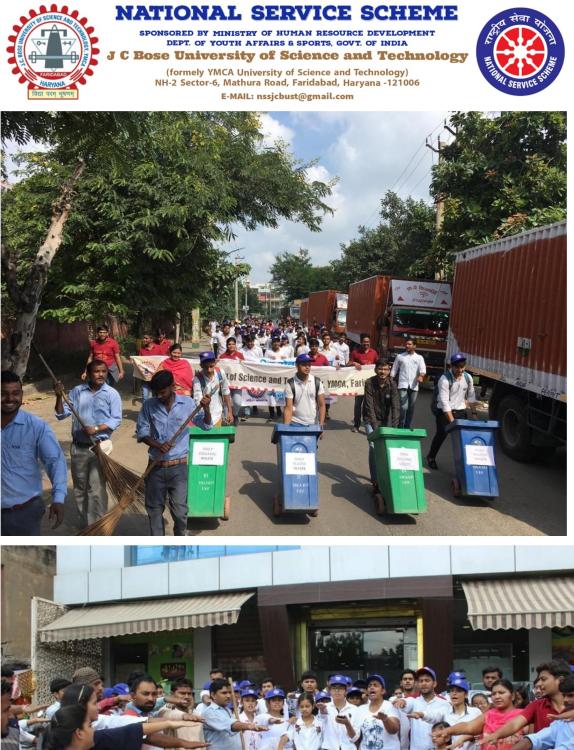




GANDHI JAYANTI CELEBRATION

On the occasion of Gandhi Jayanti, **National Service Scheme** (NSS) Team of J.C. Bose University of Science and Technology organized an awareness Rally on harmful effects of single use plastics in which around 200 NSS volunteers along with University students participated. A nukkad naatak was played along with awareness rally on road near sector 10 and 11, in which common public took pledges for not to use single use plastics. This Rally achieves its success under the presence of NSS officials Dr Bindu Mangla along with Dr. Sonia Bansal, deputy DSW and Dr S K Garg, Registrar of University. Honorable vice chancellor professor Dinesh Kumar congratulated teachers and students on this event conducted for societal welfare.











VIGILANCE AWARNESS WEEK

The NSS CELL of JC BOSE UNIVERSITY OF SCIENCE AND TECHNOLOGY YMCA, FARIDABAD and NHPC, Faridabad organised VIGILANCE AWARENESS WEEK on 31st October, 2019. Vigilance Awareness Week is celebrated from 29th October to 2nd November in the memory of late Sardar Vallabhbhai Patel. This year the topic was chosen to be "Integrity – A way of Life". About 100 students and NSS volunteers took part in the event . A Poster Making , Essay Writing and Declamation Competitions was held among the university students on Wednesday in the university campus .

Winners of Essay Writing Competition were:

1st position : Nitish B.tech.(Comp. Sc. Engg)
2nd position : Rahul B.tech.(Civil Engg.)
3rd position : Harshita B.tech.(I.T.)

Winners of Poster Making Competition were:

1st position : Yash Aggarwal
2nd position : Rahul B.tech.(Civil Engg.)
3rd position : Sourabh & Hemant

Winners of Declamation Competition were:

1st position : Shrey Arora 2nd position : Latakshi Sharma 3rd position : Rohan

Winners of competition were given certificates along with cash prizes.

" It's the duty of every person to fight the fight against the corruption."- Honourable Vice chanceller Dr. Dinesh Kumar addressed



to the students during the event. The event is leaded by Dr. Pardeep Kumar Dimri , Mrs. Bindu Mangla and Mr.Umesh with the admirable coordination of NSS coordinators, volunteers and staff of different departments.







NATIONAL SERVICE SCHEME

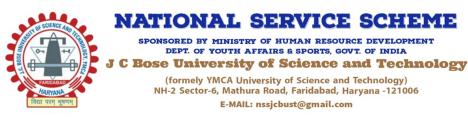
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(formely YMCA University of Science and Technology) NH-2 Sector-6, Mathura Road, Faridabad, Haryana -121006 E-MAIL: nssjcbust@gmail.com











CONSTITUTION DAY CELEBRATION

On 26th of November 2019,70th **Constitution Day** was celebrated in **JC BOSE UNIVERSITY OF SCIENCE AND TECHNOLOGY YMCA, FARIDABAD.** University Registrar sir ,DSW Naresh Chouhan sir and DDSW Sonia Bansal Ma'am addressed students on the occasion of Constitution Day and offered flowers to Dr.Bhimrao Ambedkar and took pledge to follow our constitution. Mostly students participated in the celebration of Constitution Day.











Date: 27th Jan 2020

National Service Scheme (NSS)

NSS Cell of J.C. Bose University of Science and Technology, YMCA, Faridabad had successfully organized an event on the occasion of our 70th Republic Day 26th January 2020.

The event had started with Patriotic Cultural Music & Dance performances given by our NSS Teams. After that our Vice-Chancellor Prof. Dinesh Kumar hosted the National Flag with a National Anthem. NSS Volunteers made a Parade. Around 30 NSS Contingent marching in this Parade Unit. Parade Unit commanded by NSS Contingent Commander Nitish.

The event ended peacefully & refreshments were given to all participants.





- 1. NSS University Coordinator.
- 2. NSS Program Officers.
- 3. NSS Student Coordinator's.



Date:06 June,2020

REPORT OF OBJECT PHOTOGRAPHY COMPETITION

NSS Unit of J.C. Bose University of Science and Technology had successfully organised a "**Online Photography Competition**" from 27th May, 2020 to 31st May 2020. The theme of this competition was '**Object Photography'** and the last date to send photograph was 31st May, 2020.

The event was coordinate by Desiging team & Seceratories: Satyam Kumar, Neeraj & Rahul. Total 40 students of our university and different college & university student participated in this competition.

The result has been prepared by joint panel which includes instruction and guidance by student coordinators and special mentorship of our Program officer Dr. Bindu Mangla.

Top 3 winner and their click photo is :



1st Rank- Gurmeet Singh (J.C. Bose UST, YMCA)



2nd Rank- Satyam Kumar (J.C. Bose UST, YMCA)



3rd Rank- Anshul Mittal (J.C. Bose UST, YMCA)

Consolation Prize Winners

4th Rank- Yash Malaniya 5th Rank- Techno Rayaz 6th Rank- Arnav 7th Rank- Nitish Gupta 8th Rank- Nitish Jha 9th Rank- Abhinav kaushik 10 Rank - Mohit pathak

Note : All the participants got e-certificates.

- 1. NSS University Coordinator.
- 2. NSS Program Officers.
- 3. NSS Student Coordinator's.





Date: 12June,2020

NATIONAL SERVICE SCHEME (NSS)

Report on A Seminar Organised on World Day Against Child Labour

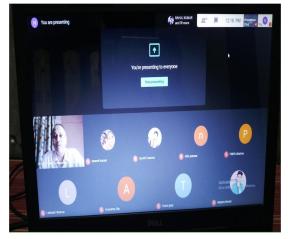
NSS J.C BOSE UNIVERSITY YMCA has successfully organised a seminar on 12 June, 2020 World Day Against Child Labour.

This seminar is coordinated by Dr. Bindu Mangla & student coordinator's Satyam Kumar, Latakshi Sharma & Nitish.

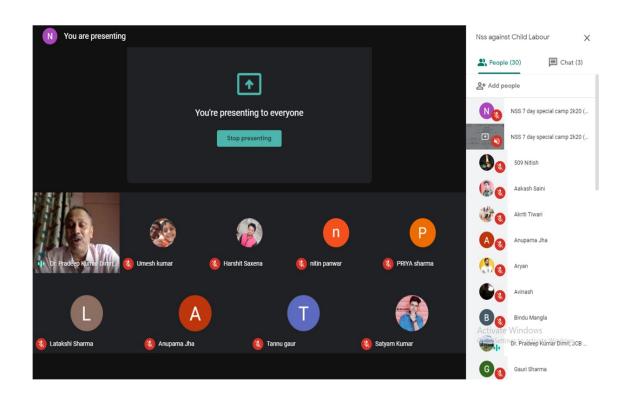
Our NSS University Coordinator Dr. Pradeep Dimri and programme officers Dr. Bindu Mangla, Mr. Umesh, Mr. Nitin Panwar were also there to address & enlighten the volunteer's. Our Chief guest Mr. Phool Kumar Malik also gave a motivational speech to stop child labour. Our many NSS volunteers also gave their views on *World Against Child Labour*.

At the end, our NSS University Coordinator Dr. Pradeep Dimri & programme officers Mr.Umesh and Mr. Nitin panwar gives thanks for organizing this event and best wishes for future events.









The seminar was successfully conducted.

- 1. NSS University Coordinator.
- 2. NSS Program Officer's.
- 3. NSS Student Coordinator's.







Date :21/06/2020

NATIONAL SERVICE SCHEME (NSS)

REPORT ON INTERNATIONAL YOGA DAY

National Service Scheme (NSS) of JCBUST, YMCA Faridabad organised a webinar on the occasion of **International Day of Yoga** with the theme "*Harghar yoga*".

We started the webinar with a speech on importance of Yoga by our University NSS Coordinator Dr. Pradeep Dimri and then our guest speaker for the function, Yoga Acharya Dr. Krishan Chand Arya helped us knowing the basics and benefits of yoga in our daily life and also told us about the importance of word "OM".

Approx 80 NSS volunteer's attended the webinar and it was conducted under the supervision of our University Coordinator Dr. Pradeep Dimri and Program Officers Dr. Bindu Mangla, Mr. Umesh and Mr.Nitin Panwar.

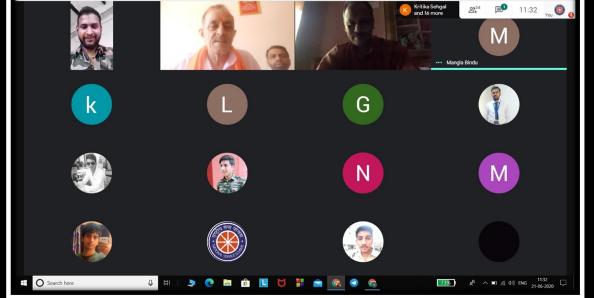
Our University Coordinator Dr.Pardeep Dimri also delivered a lecture on the importance of Yoga in a crucial time organised by University in the morning time.

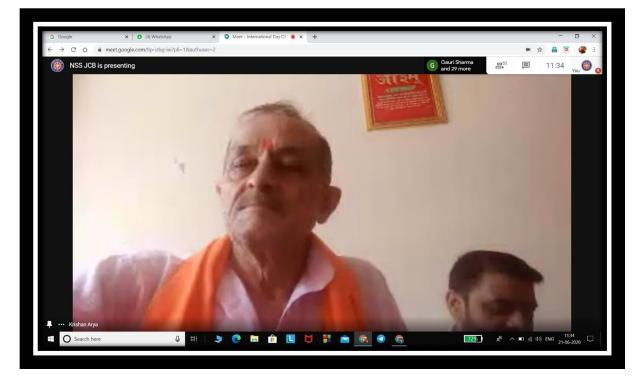
We also presented the video of our NSS members doing "Sun Salutation" or "Surya Namaskar".

The highlight of the event was the live telecast of Doordarshan on the importance of Yoga .

This session was very informative and helped all the volunteers in learning the importance of Yoga especially in the times of this pandemic where everyone needs to keep themselves immune and fit.

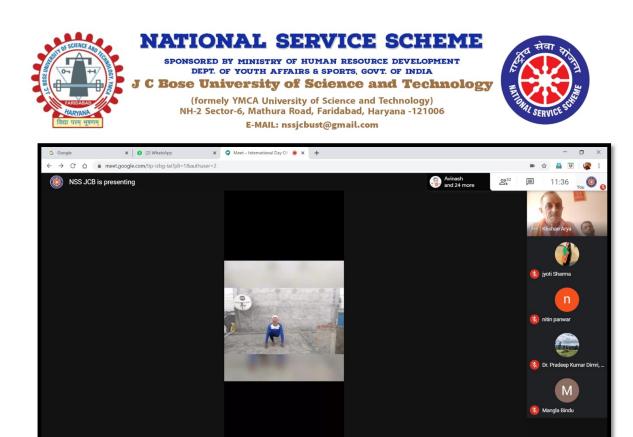






(Guest Speaker : Yoga Acharya Dr . Krishan Chand Arya)

The video of our NSS members doing Sun Salutation

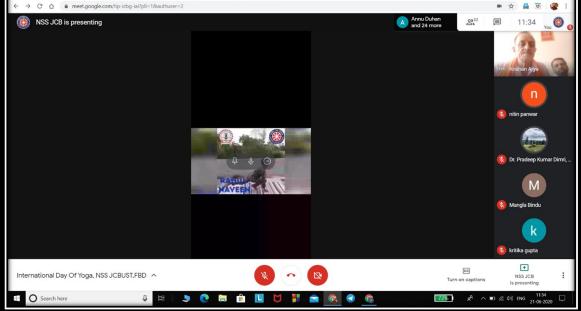


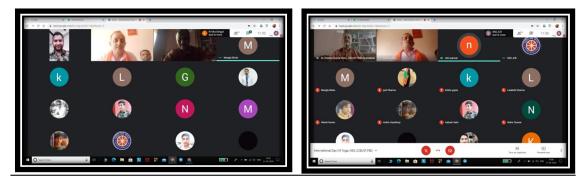
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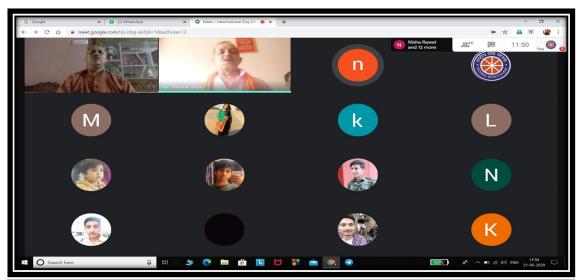
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A speech on importance of Yoga by Dr. Pradeep Dimri



- **1. NSS University Coordinator.**
- 2. NSS Program Officers.
- 3. NSS Student Coordinator's.



Date : 18/06/2020

NATIONAL SERVICE SCHEME (NSS)

REPORT OF POSTER MAKING COMPETITION

NSS Unit of J.C. Bose University of Science and Technology, YMCA had successfully organized a poster making competition on World Day Against Child Labour from 12thjune, 2020 to 15thjune, 2020.

This competition was coordinated by Student Coodinator's. Total 34 students of our university and different school & college took part in this competition.

The result has been prepared by joint panel which includes instruction and guidance by student coordinators and special mentorship of our Universcity Coordinator & Program Officer's.

Top 5 winners are:

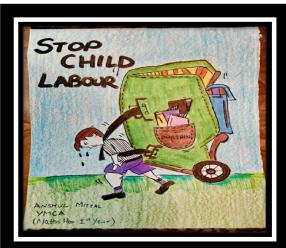


1st Position

Name: Snehal Malhotra

J.C BUST,YMCA

2nd Position



Name : Anshul Mittal

J.C BUST,YMCA

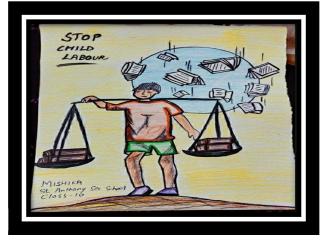


3rd Position



Name: Komal Jaingid

4th Position



Name: Mishika, Class: 10th

School Name: St. Anthony Sec School

J.C. BUST, YMCA





Note: All the participants got e-certificates.

Reported to:

- 1. NSS University Coordinator.
- 2. NSS Program Officers.
- 3. NSS Student Coordinator's.

Name: Ritika bhatti

J.C. BUST, YMCA



Date: 25/06/2020

NATIONAL SERVICE SCHEME (NSS)

REPORT OF ONLINE YOGA COMPETITION

National Service Scheme (NSS) unit of JCBUST, YMCA FARIDABAD had successfully organized a online **Yoga Competition** on the occasion of *International Day of Yoga*, from June.19th, 2020 to June.23rd,2020.

The event was coordinated by faculty Coordinator and student coordinator's.

Total 36 students of our university and different colleges/universities participated in this competition.

TOP 5 WINNERS ARE:

1st: Nitish 2nd: Rahul 3rd: Kritika 4th: Vasundhara bhardwaj 5th: Satyam

Note:- All participants get e- certificate.

- 1. NSS University Coordinator.
- 2. NSS Program Officers.
- 3. NSS Student Coordinator's.



Date : 28/06/2020

NATIONAL SERVICE SCHEME (NSS)

REPORT OF CONTENT WRITING COMPETITION

National Service Scheme(NSS) family of J.C Bose University of Science and Technology, YMCA organised a content writing competition on the occasion of **Yoga Day** i.e on 21st June,2020 where *participants were asked to write a Story, Poem, Phrase or Shayaris* on the basis of their understanding from the two given pictures.

This event was inaugurated by our NSS University Co-ordinator Dr. Pradeep Dhimri and Program officers Dr. Bindu Mangla, Umesh & Nitin Panwar on **Yoga Day** *Celebration*.

This was a 6 day event with submission dates from 21-06-2020 to 27-06-2020.

This event received a tremendous success with a participation of over 75 students all over the country. We even received a token of appreciation on our social media handle for our initiative on organising such competitions.

WINNERS:

Given below are Our Dear Winners whose words have made our eyes tear and our hearts smile:

- 1. Sanjana (Janki Devi Memorial College, Delhi University)
- 2. Kajal Srivastava (JC Bose University of Science & Technology)
- 3. Ishika Mehndiratta (JC Bose University of Science & Technology)
- 4. Mridul (JC Bose University of Science & Technology)
- 5. Kajal Phogat (Sri Venkateswara College, University of Delhi)

This competition was organised to test the creative minds of fellow country mates and we were appalled by the entries we received.

The family of NSS would continue to do their bit by organising such competitions where we get to test the creative juices of the people around us.

- 1. NSS University Coordinator.
- 2. NSS Program Officers.
- 3. NSS Student Coordinator's.

The journey of a thousand miles begins with one step....

Connect to us through social media

